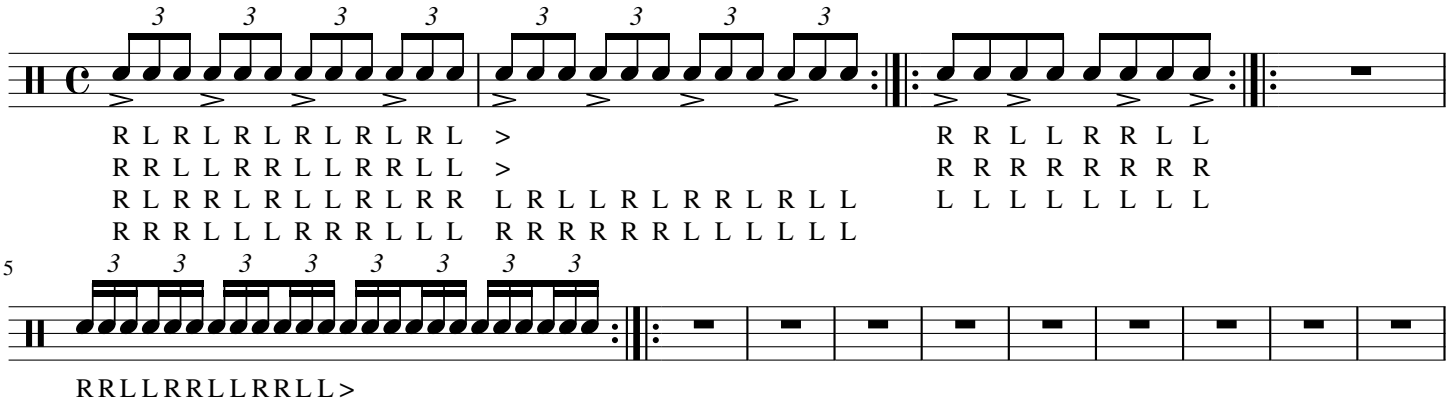
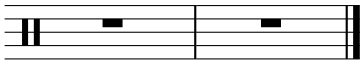
Aufwärmübungen



5

15

33