All pallets are unreadable
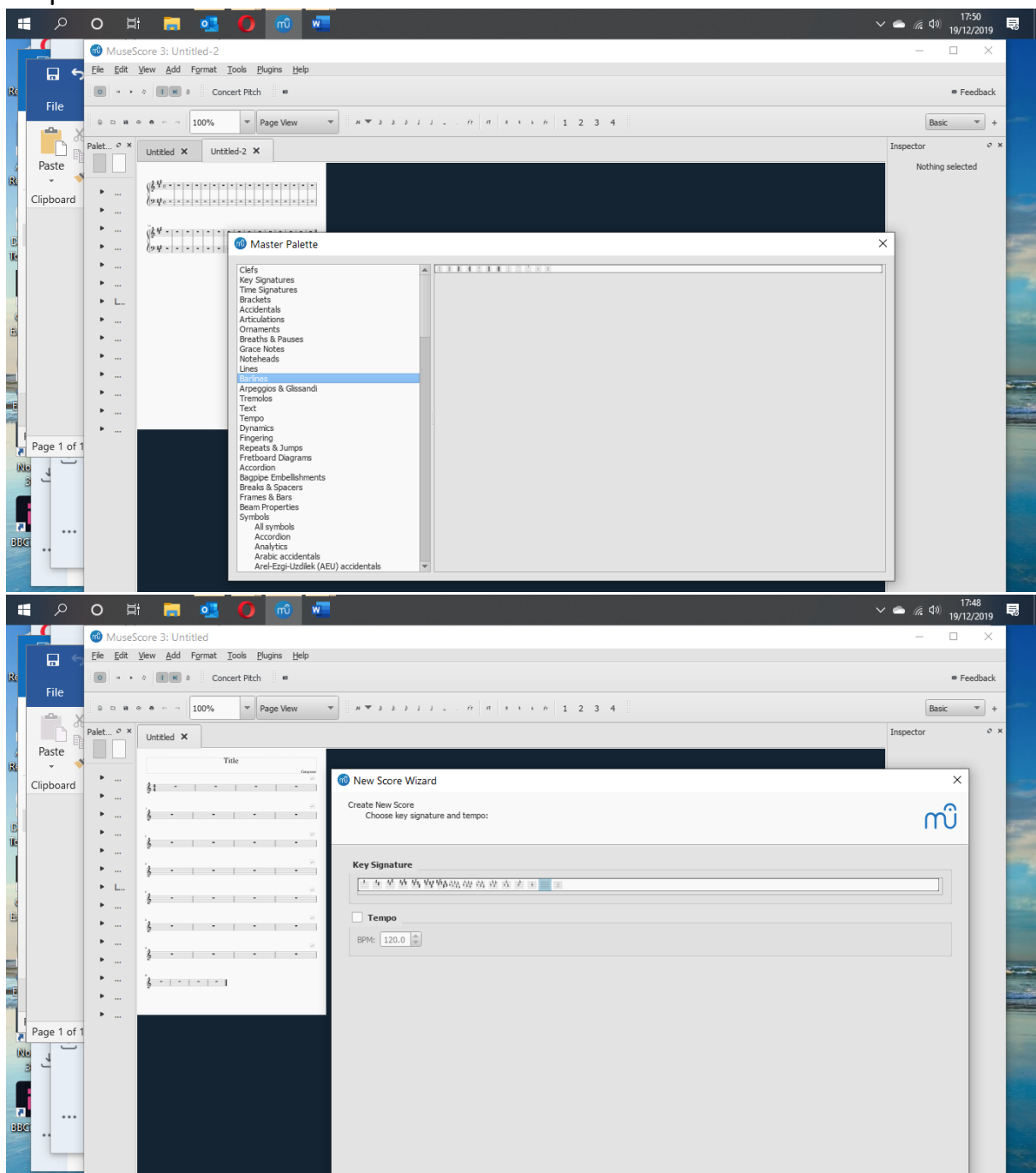

MuseScore 3 all pallets are too small to read. How does one resize the elements