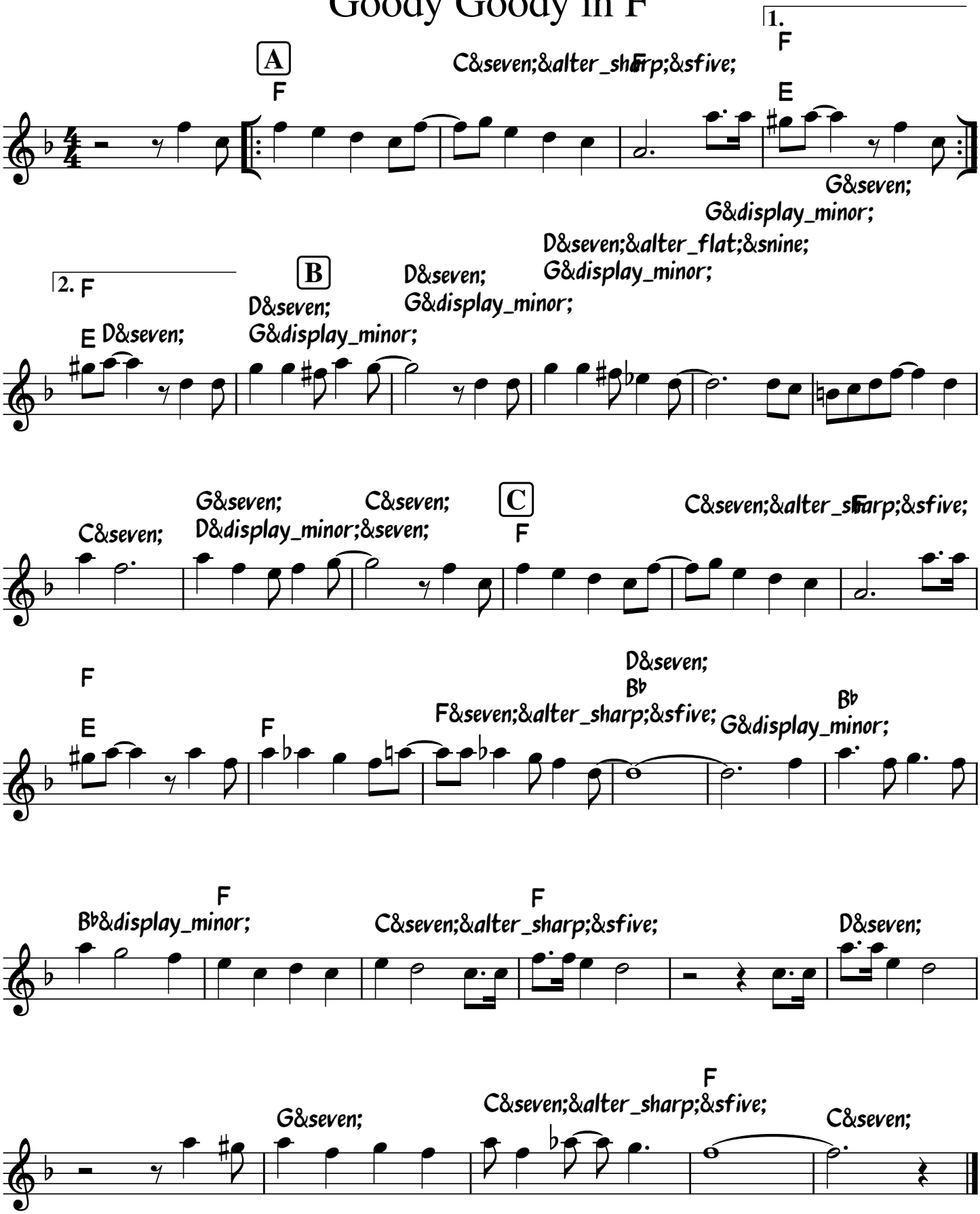Goody Goody in F